



## **Team RISE 2019 Info Sheet**

### **Team RISE 2019 Goals**

- Recruit 20 runners
- Raise \$35,000 - give 100 more children the chance to go to school

### **Team RISE Accomplishments**

- **Over 6400 children have been given the opportunity for education because of the efforts of Team RISE!**
- Since 2009, \$826,849 has been raised by Team RISE!
- 420 runners have participated in various races, including the Chicago Marathon and Chicago Half-Marathon

### **Team RISE Benefits – Why you should join Team RISE!**

- Organized long runs each weekend - North Shore
- Train and run with a vibrant community, meet new friends, and support the achievement of your fitness goals
- Training plans
- Veteran runners provide training tips and answer questions
- A personal fundraising page, and tips to support your fundraising efforts
- Free Team RISE Technical shirt for training and race day
- Team RISE supporters are there for you on race day, cheering you on to the finish line
- **Your fundraising efforts make a tangible difference - building schools, giving children in Angola the opportunity to go to school, year after year**

### **Frequently Asked Questions:**

#### **How can I sign up to run the marathon for TEAM RISE?**

If you choose to run for Team RISE, you can guarantee a spot by applying for a charity entry until our allotted entries run out. Contact us at [rise@riseinternational.org](mailto:rise@riseinternational.org) for our unique URL to apply for registration through RISE.

#### **Is there a minimum fundraising amount?**

There is a required \$1,250 fundraising commitment for all Bank of America Chicago Marathon guaranteed entry charity runners registered prior to the drawing and \$1750 for runners registered post-drawing. There is no minimum fundraising amount for half-marathoners, and marathoners registered through the lottery, though our recommended goal for half-marathoners is \$1000 and \$1500 for marathoners.

#### **How do I join Team RISE?**

Join Team RISE by completing the sign-up form on our website: [riseinternational.org/getinvolved/jointeamrise/](http://riseinternational.org/getinvolved/jointeamrise/). There is NO fee to sign up for Team RISE.

#### **When do training runs start?**

Organized training runs start in June. Refer to training schedules on the Team RISE Runner's page on our website for more details: [riseinternational.org/getinvolved/jointeamrise/](http://riseinternational.org/getinvolved/jointeamrise/)

#### **Where are group training runs held?**

Training runs will be organized in Northfield/Winnetka for the North Shore.

#### **What if I have never raised money before?**

Many of our runners never raised money before joining Team RISE. There will be detailed guidance and support!

#### **How do I get more information?**

Check the RISE International website [www.riseinternational.org](http://www.riseinternational.org), find us on Facebook and YouTube, or contact Debbie at RISE by phone (847) 441-4262 or email [rise@riseinternational.org](mailto:rise@riseinternational.org)