



Team RISE 2018 Info Sheet

Team RISE 2018 Goals

- Recruit 20 runners - Chicago Half Marathon, September 23 and the B of A Chicago Marathon, October 7
- Raise \$35,000 - give 100 more children the chance to go to school

Team RISE Accomplishments

- **Over 6300 children have been given the opportunity for education because of the efforts of Team RISE!**
- Since 2009, \$812,870 has been raised by Team RISE!
- 406 runners have participated in various races, including the Chicago Marathon and Chicago Half-Marathon

Team RISE Benefits – Why you should join Team RISE!

- Organized long runs each weekend - North Shore and Downtown
- Train and run with a vibrant community, meet new friends, and support the achievement of your fitness goals
- Training plans for all fitness and experience levels
- Veteran runners provide training tips and answer questions
- A personal fundraising page, and tips to support your fundraising efforts
- Free Team RISE Technical shirt for training and race day
- Team RISE supporters are there for you on race day, cheering you on to the finish line
- **Your fundraising efforts make a tangible difference - building schools, giving children in Angola the opportunity to go to school, year after year**

Frequently Asked Questions:

How can I sign up to run the marathon for TEAM RISE?

If you choose to run for Team RISE, you can guarantee a spot by applying for a charity entry until our allotted entries run out. Contact us at rise@riseinternational.org for our unique URL to apply for registration through RISE.

Is there a minimum fundraising amount?

There is a required \$1,000 fundraising commitment for all Bank of America Chicago Marathon guaranteed entry charity runners registered prior to the drawing and \$1500 for runners registered post-drawing. There is no minimum fundraising amount for half-marathoners, and marathoners registered through the lottery, though our recommended goal for half-marathoners is \$1000 and \$1500 for marathoners.

How do I join Team RISE?

Join Team RISE by completing the sign-up form on our website: riseinternational.org/getinvolved/jointeamrise/. There is NO fee to sign up for Team RISE.

When do training runs start?

Organized training runs start in June. Refer to training schedules on the Team RISE Runner's page on our website for more details: riseinternational.org/getinvolved/jointeamrise/

Where are group training runs held?

Training runs will be organized in Northfield/Winnetka for the North Shore, and Downtown along the lakefront.

What if I have never raised money before?

Many of our runners never raised money before joining Team RISE. There will be detailed guidance and support!

How do I get more information?

Check the RISE International website www.riseinternational.org, find us on Facebook and YouTube, or contact Debbie at RISE by phone (847) 441-4262 or email rise@riseinternational.org